

HOW TO GET  
*In-Real-Life Dates*  
FROM  
*Dating Apps*

*A DATING DONE RIGHT GUIDE*



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# *Want to Stop Endlessly Swiping and Texting and Go On More Dates in Real Life?*

Dating apps can be so frustrating! After swiping left on the obvious duds, you finally see a guy who looks interesting. You reach out, and he doesn't respond, or the conversation leads to a dead end. And you find yourself thinking "What's the point?!"

You're online to find a partner, not to endlessly swipe and message strangers. Online dating isn't even dating if you don't actually go on dates. So you know you need to meet people in real life to ever find a real connection, but it can be hard to move from chatting online to meeting in person.

On top of that, what you really want is a man who is confident, decisive, and willing to take the lead and court you. So while you could ask him out on a date, you don't want to get stuck hand-holding a guy that won't put in any effort.

I get it, I've been there. And I'm not there anymore. If you want to ditch the despair of modern dating, follow these proven steps to move gracefully from messaging in online dating apps to going on dates in real life.

Come on girlfriend, you can do this!

Whitney

# 1. Conversation Starters That Get a Response

According to a Hinge survey, "Hey, what's up?" was proven the least responded to opening line. So never open a conversation w/ Hey, Hi, How are you? Or What's Up? You don't want to sound just like everyone else. Instead, personalize your opener. You're more likely to get a response by asking a unique question that shows you read their profile.

*Try one of these...*

- What is it like to be an Environmental Lawyer? (Insert their job title)
- You look so handsome in that snowy picture. Where was it taken? (Yes, call him handsome. It's flirting. ;-)
- How did you like Hawaii? (Or any place in their profile)
- What's your go-to, getting pumped-up song?
- Your dog/cat/pet is so cute! I hope they'll make an appearance on our first date. (This is playful and flirtatious.)
- (If they have mention music in their profile) "I love your taste in music. What have you been listening to lately?"

## 2. Get Asked Out

If you're chatting and he hasn't asked you out yet, let him know that you'd like to go out. This doesn't mean you ask him out, but you don't need to wait around for him to make a move. So go ahead and give him the green light to ask you out.

*Try one of these...*

- "It's been great chatting with you. I'd love to meet in person soon to feel out our chemistry in real life"
- "I bet if you asked me out, I'd say yes!"
- "Assuming you're real, I'm free this Thursday or Sunday for a date." (Starting the sentence with "if you're real" prompts people to respond and perhaps prove themselves.)
- "In case you were thinking about asking me out on a date, this weekend is filling up fast."
- "I was going to hang with friends Thursday night, but I told them I might have other plans. ;-)"
- If he says something like "Come over now" or "I'm free tonight after 10pm" respond with "I'm flattered, but it's not my style to meet up so quickly or so late at night. But I'm available later this week."

### 3. Leave a Little Mystery

A common mistake you might be making is carrying on long typed-out conversations. You might think you're deepening the connection, but more often these chats will fizzle out over time. Plus, so much context and nuance are lost in typed messaging. If the conversation is going well and getting deeper, great! Now it's time to let him know you'd like to meet in person.

*Try one of these...*

- "That's a really great question! I'd love to tell you all about it on our first date." (Notice you're not asking him out or making a plan. You're showing interest and inviting him to ask you out.)
- "You're fun to talk to! I wonder if we'll have this much fun in person."
- "I feel like getting to know someone over text is only two-dimensional. It would be great to meet you and see how we vibe in person."
- "I was going to text you a long response, but I'd rather tell you in person when we meet."
- "My thumbs are exhausted. Better ask me out quick before they completely give out on me"

## 4. Show Appreciation

You might be frustrated with men and dating in general, but you don't want to come across as jaded, pushy, or entitled. So remember to be grateful when a match does make an effort. A little positive reinforcement goes a long way.

*Try one of these...*

- "It seems like so many people are only here to swipe and text. It's refreshing to get asked out on a date! Thanks, I'm looking forward to it."
- "Yes, I would love to go out sometime. Thank you. When and where did you have in mind?"
- "Hey, thanks for reaching out again! Maybe we can continue this conversation in person over a drink."

## 5. Check Your Attitude

You must get into the right mindset before swiping and communicating. Check your negative thoughts and attitudes at the door. Responding while you feel annoyed, hurt, jaded, or closed off will not attract the best matches, or bring you the enjoyable dating experience you desire. If you believe that online dating will never work for you, you'll create a self-fulfilling prophecy, and it probably won't. And then part of you will feel justified because you can say "I told you so". But the other part will still be longing for a partner.

### *Try this...*

- Instead of focusing on the negative, envision the outcome you desire and focus on that.
- Only respond to dating app messages when you can feel optimistic, playful, and light-hearted.
- Do the necessary inner work to heal from your past, transform your mindset, and open your heart to this new approach.

# *Dating in a Digital World Strategy Call*

How much would you give to sit across from an expert who was trained to help people just like you navigate dating in the modern world? Well, for anyone on the brink of separation or divorce, the price would be quite high and worth every penny. But for a short time, for a small number of people, I'm offering that opportunity...without charge.

Because I hold these calls personally, there are very few spots available, so if you're serious about saving your marriage and would like the guidance and support of a trained expert, use the calendar provided to apply for your session now.

- I'll help you create a crystal clear picture of the relationship you desire
- I'll help shake you out of your routine and motivate you to take action
- I'll reveal the common pitfalls that undermine most dating approaches
- I'll reveal a plan to find the right partner who loves you for who you are

*Click the button below to book your free session while spots are still available.*

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SESSION**